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## Navy Federal Helps Combat Identity Theft

Yuma, Ariz. branch shreds nearly 1,000 pounds.

**VIENNA, Va. (November 2, 2010)** – Sensitive and confidential information can accumulate over time. Take for instance outdated tax returns stored in your home office, or the stack of pre-approved credit applications you need to shred. According to the Federal Trade Commission, identity theft is the fastest growing form of consumer fraud in North America.

[Navy Federal Credit Union](#) recently teamed up with Shred-It, the world's leading on-site document destruction company to host Navy SHRED-eral Day events, to curb the increase of identity theft. Staff members were on hand to assist participants, handing out information on how to keep their personal data safe as they shredded:

- Obsolete financial records, including loan applications
- Personal medical records or physician statements
- Bank/credit card statements, ATM receipts, cancelled checks
- Utility bills, expired charge cards
- Pay stubs
- Old driver's licenses or passports

“Document shredding helps Americans fight identity theft,” said Nancy DeDona, Navy Federal’s vice president of Membership. “The best way to protect yourself against identity theft is to regularly destroy personal and confidential documents instead of throwing them in the trash or recycling bin, where they can be stolen by an identity thief.”

“Fifteen boxes were received, totaling almost 1,000 pounds of paper for Marines stationed in Yuma, Ariz.,” said Diana Smith, branch manager. “Navy Federal’s document-shredding event is a cost-effective way to eliminate clutter, while assisting in recycling efforts.”

Navy Federal hosts free, bi-annual shredding events in May and October at various branches.

### **About Navy Federal Credit Union**

Navy Federal Credit Union is the world’s largest credit union with \$43 billion in assets, over 3.5 million members, 204 branch offices, and more than 7,400 employees worldwide. The credit union serves all Department of Defense military and civilian personnel and their families. For additional information about Navy Federal visit [navyfederal.org](http://navyfederal.org).

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